

UPSTATE NY  
**Fca**

**TEAMS**

GENERAL INFORMATION

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## GENERAL INFORMATION

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# W E L C O M E L E T T E R

**We would like to invite you to consider joining a Fellowship of Christian Athletes (FCA) Team this year. There are many things that make FCA Teams distinct from other programs, including the following:**

## **The Integration of faith and sport:**

FCA takes the athletic aspect of the program as serious as every program and conducts the sports component with a high level of excellence, yet what makes FCA distinct is the integration of faith and sport. Although we view the faith aspect of the program as being more important than the athletics, the real power of FCA's program is where coaches and athletes learn to integrate their faith into the athletics, while continuing to excel in the sport that they are passionate about.

## **The Challenge to live out FCA's Core Values:**

While FCA's program remains focused on its mission, it also continues to challenge its coaches and athletes to live out and demonstrate the FCA four core values of Integrity, Serving, Teamwork, and Excellence. These topics are often discussed during FCA huddle time - something that parents, players, and coaches alike seem to find refreshing and desirable in a sports program.

## **Coaches who are in it for more than just to Win it:**

In the words of Dr. Billy Graham "One coach will impact more young people in one year than the average person does in a lifetime." Our coaches are invested in teaching their players how to play the game correctly so they are establishing good patterns and quality fundamentals. They are not just coaching to win, they are coaching to make better athletes and push their athletes to the next level.

# ABOUT FCA

## OUR MISSION

To lead every coach and athlete into a growing relationship with Jesus Christ and His church.

## OUR VALUES

Our relationships will demonstrate steadfast commitment to Jesus Christ and His Word through Integrity, Serving, Teamwork and Excellence.

### INTEGRITY

We will demonstrate Christ-like wholeness, privately and publicly. (Proverbs 11:3)

### SERVING

We will model Jesus' example of serving. (John 13:1-17)

### TEAMWORK

We will express our unity in Christ in all our relationships. (Philippians 2:1-4)

### EXCELLENCE

We will honor and glorify God in all we do. (Colossians 3:23-24)

## FCA FINANCIAL INTEGRITY & VALUE PROPOSITION

### FINANCIAL INTEGRITY

FCA is registered 501C3 non-profit organization. FCA's financial integrity is rated as one of the highest in the U.S. for sound fiscal responsibility and commitment to accountability and transparency.

View FCA's Charity Navigator page where they given 4/4 stars for their financial integrity and management.

[VIEW FINANCIAL REPORT](#)

### VAULE PROPOSITION

We value our commitment to communication and organization at every level of the FCA program. In addition , our positive coaching staff will foster moral guidance, character development and trust with each other and every player in the FCA program.

# COACHES EXPECTATIONS | RESPONSIBILITIES

## COACHES POSITION

The position of coach is very important to the overall success of FCA's team goals and objectives, which is outlined in the FCA Commitment to Team Philosophy and Code of Character and Conduct. The coaching staff must be ready and eager to model the FCA philosophy in front of the team on a daily basis. To positively impact the sports world with biblical-based values and character qualities, it is essential to compete in a way that the sports world understands and accepts while competing to win. However, since we are an FCA Team, we are playing with more than just winning at Stake. There will be certain practices and philosophies we will accept, and some we will not, to enhance the message we are striving to share through our teams.

## DURING COMPETITION

FCA believes that we as a team represent Jesus Christ, who created us with sports abilities and the passions that we each have. This calls us to a much higher level of performance and behavior. We are not consumed with wins and losses, but we do play to win. In light of this view, we believe that the coaching staff is responsible for all competitive actions and reactions, whether spoken or not. Our words and actions can make or break our message of Christ-like character and leadership. Therefore, profanity of any kind will not be tolerated. As FCA Team Coaches, we need to be examples in all situations, such as questioning a call by an official, addressing members of the opposing team and fans. This is not to say questioning a call is not permitted but we want to maintain a high level of sportsmanship and be careful of our words, plus our attitude behind the questioning.

## OUTSIDE OF COMPETITION

In an effort to help our players and leadership team grow during their time with FCA Teams, we ask that coaches make a committed effort to attend all meetings, team functions, practices, and games, and be available for interaction with players and parents. The players on the team are not only watching the coach during workouts and games, but see a coach's actions away from the competition arena, giving the coach more opportunities to influence them in a positive way. Coaches should be role models, so everything we do should model Christ-like character and leadership. If we expect our players to grow in these areas of character and leadership, we need to conduct ourselves with class and principles to our individual lives. The goal of FCA Teams is to positively impact the sports we participate in and to exceed the expectations of all those with whom we come in contact with. We want to be known for our style of play, our message, and our actions. We make it our aim to compete at the highest level, while maintaining our character and positive impact in all situations.

## PLAYER EXPECTATION AND CODE OF CONDUCT

The following Player Code of Conduct for FCA Teams has been established to help each team member develop into the person he/she was created to be. It is not our expectation that any team member would have already attained all of these traits. However, it is our desire that our teams strive to grow in each of these areas of character and leadership during their time with FCA Teams.

## PROPER CONDUCT

### PERFORMANCE

- Actions speak louder than words.
- Hustle at all times during games and practices.
- Take pride in how you play the game, how you approach the game, and how you wear your uniform.
- You've got to have heart, desire, drive, motivation, dedication, and intensity. Play the game with energy and quickness.

## PROPER CONDUCT

### ATTITUDE

- Be confident, not cocky. Don't talk proudly about yourself and your accomplishments. There is strength in humility.
- Be a positive role model and example for others. Some of the greatest impact that FCA Teams have is in the area of their conduct both on and off the field/court.
- Demonstrate self-control . There are certain things you cannot control; however, you can control your effort, attitude, and behavior.
- Demonstrate class at the end of a game in both victory and defeat. Shake hands, look the opposing team members in their eyes, and keep your head up high because of the effort you put forth.

### COMMUNICATION

- Don't Complain! Keep your remarks to yourself regarding things such as: Official calls, the weather, the facility conditions, coaches decisions, game circumstances, teammates, and opposing team members.
- Be respectful of officials, coaches, teammates, opposing team members, parents, and the game itself.
- Encourage your teammates and your opponents.

### TEAMWORK

- Be a team player, not an individual player!
- Focus on stats for the good of the team
- Do what it takes for your team to win, not to boost your own stats and ego.

### SAFETY

- Never go off alone! At tournaments and practices, make an effort to be with at least one another teammate.
- All injuries, illnesses, and emergencies must IMMEDIATELY be reported to the coaching staff
- Stay alert, use common sense and make good decisions and choices.

## INAPPROPRIATE CONDUCT

### BEHAVIOR

- Attitude problems
- Outward expressions or demonstrations of anger or frustration, including throwing of equipment.

### COMMUNICATION

- Back-talking to a coach or a parent
- Crude, profane, or vulgar language
- Critical, judgmental, or negative talk directed toward teammates.
- Outward displays of displeasure with the officials and questioning the officials in a clearly visible and inappropriate manner (verbal and non-verbal)
- Trash-talking and outward acts of pride directed towards the opposing team.
- Leaving the competition area. Remain in the competition area during games, unless there is an emergency, or you receive permission from one of the coaches.

### SAFETY

- Horseplay, messing around or silly antics
- Consumption of alcohol and/or drugs

### CONSEQUENCES

The above actions and attitudes could result in one or more of the following:

- Sent home early from practice
- Not permitted to participate in a drill or practice station
- Extra physical fitness exercise (i.e. running, push-ups, etc)
- Removal from a game
- Removal from the competition site
- Suspended from playing in upcoming games.



## POLICIES

These policies regarding character and conduct on an FCA team have been established for your protection, well-being and character/leadership development. In the light of these principles, the final decision regarding any issues resides with the FCA Leadership Team. If you are dismissed from the team for a Code of Character and Conduct violation, you will be responsible for any additional costs.

## PARENT CODE OF CONDUCT AND SUPPORT

- Be supportive and reinforce all elements of the Player Code of Character and Conduct.
- Please let the coaches handle the running of the game.
- Don't complain about official calls, coaching decisions, game circumstances, and coaching on the opposing team.
- If you have a complaint or problem with anyone on the coaching staff of an FCA Team, try to work it out with the person directly first. If need be contact a member of the FCA Leadership team.
- If you have concerns regarding the team and how it's being ran, bring the issue to one of coaches or to the FCA Leadership Team.

## INAPPROPRIATE CONDUCT

- Allowing a player to leave the bench to sit with you (except in emergency situations). Be sure to provide players with ample fluids and snacks to sustain throughout the game. This is to eliminate the need to leave during the competition or practice.
- Use of crude, profane, or vulgar language.
- Critical, judgmental, or negative talk directed toward teammates and opposing team members.
- Outward displays of displeasure with the officials.
- Consumption of alcohol and/or drugs at tournaments, practices, and venues.

## CONSEQUENCES FOR THE ABOVE ACTIONS

- Most often, you will be asked by the head coach or someone on the FCA Leadership Team to stop the inappropriate behavior. In some cases, particularly if you have offended an official or disrespected a coach, you will be requested to leave the playing area.
- If you do not cease from the behavior or refuse to leave the area when asked, your child may be pulled out of game/ and or practice, temporarily suspended from participating in future games and other team activities or possibly even dismissed from the team. These decisions are at the discretion of the FCA Leadership Team.
- If you are dismissed from the team for a Parent Code of Conduct Violation, you will be responsible for any additional costs and no refunds will be given.

## SHARING ACHIEVEMENTS

Our Athletes are accomplished on and off the field. In an effort to recognize his/her hard work, we encourage parents and guardians to let us know about them.

- Tell Us in Person
- Email Us
- Tag us on Social Media | Instagram - @FCANewYork | Facebook - FCA New York

## CONTACT US

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